From the Administrator, Tony Janusz

Hello family and friends, I hope you are all well during these challenging times. I greatly appreciate all your support and understanding with all we have in place. Our staff are being very vigilant in protecting your family and loved ones from CoVid-19. We meet via phone three times per week with Saint Francis Healthcare Services to keep updating how we are caring for them using the recommendations from CMS and the CDC.

On a positive note, we begin a new and refreshed 5 week menu cycle starting Monday 4/6/20. It was put together with input from the Food Committee and one on one conversations with residents. We’ve added dishes like Chicken Cordon Bleu, Kielbasa and pierogi, BBQ pork ribs, and Beef Stroganoff. I look forward to the time where we can invite you back in to try some of our dishes for free so we can get your input.

We encourage you to continue to call, or use whatever form of video chatting with your loved ones. It always brightens up their days. We were blessed with two iPads that were donated by a family member that is getting put to good use. It has allowed us to begin the steps toward telemedicine with physicians and providers and hope to continue to take advantage of this in the future also.

We will all get through this and be able to move towards normalcy and we will look back at this and remember how our community as a whole came together for the benefit of our elderly population. I thank you all again and wish you all well.
Nurses Corner: Naomi Lee, DON

I have spent many hours wondering how I can write something in this newsletter that will be able to calm the fears of family that are wondering if their loved ones are being taken care of amidst the terrifying pandemic we are all experiencing. Along with that I have been wondering if it is ok for me to say that the staff we have caring for your loved ones have been nothing less than warriors – yes, warriors. We were able to hire several more caregivers prior to the covid-19 outbreak and our staffing issues have greatly improved. I expected that out of fear we would have many staff that would either quit, or be calling in a lot. At this time we have not experienced that. We keep changing what we expect them to do on almost a daily basis, and they just keep coming to work – and do what we are asking them to do. Staff are now signing in and out each time they enter a resident room, and wearing a face mask from the time they enter the front door until they leave through the front door after their shift. We are wearing the masks to protect your loved ones from us.

On March 31st 2020 we had a visit from the department of health. They came to do an investigation regarding whether or not we were following the necessary guidelines to prevent the spread of COVID-19. They reviewed our COVID-19 policies. They observed staff during mealtime, asked staff questions regarding our infection control policies, and observed practices as to how we screen people at the front door and the criteria to allow staff in to care for the residents. It was determined that we are following all the proper criteria and were not given any citations. Pray for us as we pray for you and our residents. We are looking forward to all of this being a distant memory.

From Social Services, Stacy Hahn

To Family and Friends of Thief River Care Center Residents:

I hope all of you are safe and healthy during this crazy time. We now have an Ipad on Blueberry and Evergreen to keep in contact with loved ones through video chats!!! The phone number on Evergreen is 218-683-8120 and Blueberry is 218-683-8110. If you would like to email any pictures or letter to Lori in Activities or myself we would love to share them with your family as well. My email is shahn@trcc.sfhs.org and Lori’’s is lathompson@trcc.sfhs.org please call or email us with ideas, suggestion, or concerns. We are here for you and your loved ones in anyway we can make this time easier for all of you!! Be safe, stay home and take care of each other😊
Hello everyone,

I hope you all and your families are doing well. This COVID-19 Virus will not get the best of us. We all need to stay vigilant in our environment at all times following the guidelines we are given. From Environmental services we would like to wish everyone a happy spring. With the weather changes we will be doing our best with heating and cooling of the building, open a window if it gets too warm in a residents room. With all the snow melting and the fresh rain showers, help us out by staying out of the mud. We will be out cleaning up the yard soon and trying to figure out new ways of keeping water away from the building. Hoping for a nice dry spring. Thank you everyone for your help in keeping the building in good shape.
We have had a long winter and our residents are looking forward to getting outdoors. We enjoyed a “Winter Blues Party”, movies in our theatre and in February we celebrated Valentine’s Day and crowned some new Royalty. Lottie Sistad and Jeff Mercil on Blueberry Lane and Dolly Shetler and Terry Olson on Evergreen Road. We enjoyed monthly shopping trips and lots of musical entertainment up until the isolation regulations.

Now we look forward to some bus outings, trips to A & W, planting and sunshine.

Upcoming Events: (Postponed)

Volunteer Appreciation- April 19-25

National Nursing Home Week Events- May 10-16

Activity calendars are posted in all resident rooms, and extra copies are in the wire basket in the entry and also posted on our website and now on facebook. Family and friends are all encouraged to participate along with the residents.

Facebook page

Have you seen the Thief River Care Center Facebook page? It is: https://www.facebook.com/pages/Thief-River-Care-Center/764125646936404 or just click on .
As you know we are not doing any group activities. We are doing the a.m. water pass and trying to get around to all the residents daily for some socialization. We are assisting with letters, phone calls, fitness fun, devotions, crafts, games etc. We have also been on face time and skype with some families.

If you know of any residents that have needs we can assist with please talk to Lori or any of the activity staff. There is an ipad at each nurses station that you can use to assist with face time or skype if you can. I will be making a trip to Walmart each Friday to get things that residents need. Let me know if residents have needs. Thanks for all you do and we will get through this as a TEAM!

On the April calendar we have a theme for each week and will be focusing activities on that theme. If you have anything to add please do!

Week 1: Easter theme-egg decorating, deviled eggs, etc.
Week 2: Water theme-planting, dirt cake, etc.
Week 3: Bird theme-birdbouses, chow mien bird nests, etc.
Week 4: Baseball theme-games, root beer floats etc.

*Bingo will continue with 3 numbers called daily. Staff help the residents with them in their rooms. The #’s are posted in dining rooms and on refrigerators daily.
Care Center Companions !!!! (when covid isolation is over)

We are always looking for volunteers who would like to spend some time with residents and staff to enhance the lives of our residents. We have some great volunteers that I can’t thank enough. If you have some new, fun ideas that we could share with our residents please contact Lori at 683-8106 or email at lathompson@trcc.sfhs.org

Employees of the Month:

These employees were Caught in the Act of Kindness as they were working as a team player with the other staff and completing their work as well. They are hard workers and have kind hearts. We are lucky to have them as employee at TRCC.

Please fill out Caught in the Act of Kindness forms to thank staff who do the little extra things that make the Care Center that special place. The forms are at the nurses stations.

Sara Phillips, NAR (Feb.)

Yvonne Eckman, NAR (March)

All staff, (April)

Remembering our friends:

Roy Nordby  Doris Smeby
Linda Anderson  Lars Wiseth
Erling Lian  Paul Puppe
Mary Lou Cook  Genevieve Jarshaw
Donna Kukowski
Welcome to April…

Easter Sunday Buffet will be served but not until things return to “normal” then we will be offering our residents and families an Easter Buffet Luncheon starting at 11:30am it will be served in the hall. I have attached a copy of the menu and that reservations will be requested. Looking forward to seeing you all for Easter Sunday Redo.

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Easter Sunday Buffet
To Be Determined

Guests RSVP’S will be due

Cost $10.00 per person

11:30am

Menu:
Ham
Scalloped Potatoes
Corn
Dinner Roll
Cranberries
Colored Hard Boiled Eggs
Easter Dessert

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Other things going on in Dietary

We are training a new PM cook she is learning & catching on well. Good Luck going forward.

Menus are on the tables and look real nice plus the tray cards mow have the ala cart menu on the backside